

Watford Grammar School for Girls - First 6 and 6 Aquathlon (600m swim/6k run)

Race No	Position	Name	Start Times	Stopwatch Start	Swim Finish	Swim Time	Approx transition	Run Time	Approx pace (m/k)	Finish	Gender	
5	1	Criag	Halsey	14.00	0.00	8.25	8.25	0.30	20.28	6.00	3.29	29.23 Male
2	2	Dave	Coard	14.00	0.00	10.30	10.30	0.30	22.31	6.00	3.43	33.31 Male
17	3	Stephen	Morales	14.55	55.00	1.04.13	9.13	0.30	24.57	6.00	4.09	34.40 Male
26	4	Paul	Cooper	15.08	1.08.00	1.18.00	10.00	0.30	24.22	6.00	4.04	34.52 Male
19	5	Joe		14.55	55.00	1.02.01	7.01	0.30	27.29	6.00	4.31	35.00 Female
6	6	Paul	Halford	14.00	0.00	11.14	11.14	0.30	24.54	6.00	4.09	36.38 Male
11	7	Steve	Davis	14.15	15.00	24.18	9.18	0.30	26.58	6.00	4.28	36.46 Male
3	8	Martin	Beare	14.00	0.00	9.53	9.53	0.30	26.26	6.00	4.26	36.49 Male
4	9	Graham	Briggs	14.00	0.00	10.15	10.15	0.30	27.29	6.00	4.31	38.14 Male
21	10	Noel	Keenan	14.55	55.00	1.07.24	12.24	0.30	26.06	6.00	4.21	39.00 Male
29	11	Mick	Smyth	15.08	1.08.00	1.21.00	13.00	0.30	29.21	6.00	4.50	42.51 Male
15	12	Sarah	Deed	14.36	36.00	49.30	13.30	0.30	31.00	6.00	5.14	45.00 Female
16	13	Paula	Nicols	14.36	36.00	51.20	15.20	0.30	29.10	6.00	4.49	45.00 Female
13	14	Alex	Franja	14.36	36.00	48.00	12.00	0.30	33.30	6.00	5.32	46.00 Male
20	15	Dave	Balwin	14.55	55.00	1.04.34	9.34	0.30	41.36	6.00	6.55	51.40 Male
14	16	Emma	Maggott	14.36	36.00	52.39	16.39	0.30	34.33	6.00	5.45	51.42 Female
12	17	Sandra	Smyth	14.36	36.00	49.11	13.11	0.30	41.19	6.00	6.50	55.00 Female
8	18	Bob	Nutter	14.15	15.00	34.05	19.00	0.30	44.30	6.00	7.21	1.05.00 Male
9	19	Deb	Deb (swim only)	14.15	15.00	24.00	9.00	0.30	n/a	6.00	n/a	n/a Female
9	20	Paul	Cooper (run only)						31.30	6.00	5.16	n/a Male
10	21	Steve	Kerr	14.15	15.00	24.29	9.29	0.30	n/a	6.00	n/a	n/a Male
10	22	Tricky	(run only)	n/a	n/a	n/a	n/a	n/a	No time recorded	6.00	n/a	n/a Male
18	23	Kirsty	(swim only)	14.55	55.00	1.03.09	8.09	0.30	n/a	6.00	n/a	n/a Male
18	24	Pete	(run only)	n/a	n/a	n/a	n/a	n/a	24.21	6.00	n/a	n/a