

	Health and Well being					Relationships			Living in the Wider World							
7	Who are you ?			Puberty	Healthy Bodies	Esafty	Year Charity	Manners and conduct	What Makes a good friend	Form Admin	Homework and Timetable	How to revise	Careers	Second Language talks	Xmas Fair	Xmas Card home / thank you to teachers
8	Teenage Cancer Trust	Mental Health Awareness	Motivational Skills	Healthy Eating	Physical activity and mental wellbeing	ESafety	Friendships	Respect		Form Admin	Target Setting				Great Year 8 Debate	Crimes, law and police protection
9	Self Esteem		Zumba	Manhood vs womanhood	Body Image		Charity Presentations	Positive and Negative Relationships	Sexual Bullying	Form Admin	Things to do before you leave KS3	How to revise	Careers Carousel	Post 14 Options and Careers	International Aid Poverty and Wealth Child Labour	Invictus Games Programme
10	Why do we need to make mistakes?			Health Carousel: Eating Disorders, Emotional Health, Binge Drinking		ESafety		Unconscious Bias		Life in Year 10			Careers interviews and CV writing	Careers	Citizenship Projects : British Values, Anti radicalisation, FGM, Racism, Gender Equality, Democracy	Money Management
11	Self Referencing	Stress Management	Mindfulness	Sexual health					Safe Relationships and protective behaviours,		Target Setting	Revision Strategies	How to write a good reference	Options at 16+		