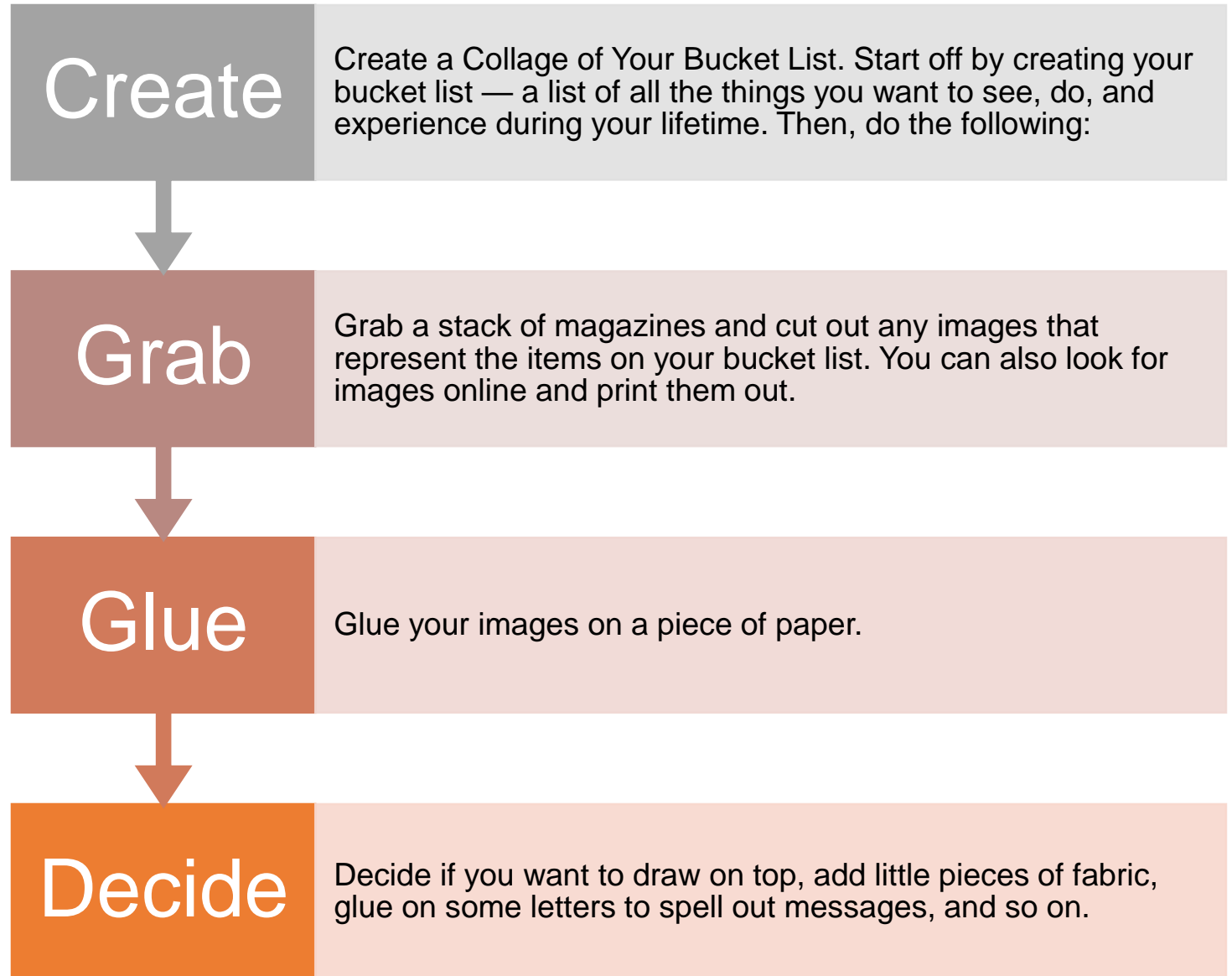


Starting Art in Year 12

Then we need to get your creative juices flowing!!



Let's just
get
creating
to start



The more
creativity
you use
the more
you get



Cut out a square or a rectangle in a piece of card and lay it over a section of your collage – draw it in as much detail as you can



Or paint it – creating a large abstract line version



Or do both

How To Be Happy

Relax • **Don't** take yourself too seriously • **Happiness** is a choice • **Smile** • **Have** big dreams • **Work** toward achieving meaningful goals • **Grab** every single morsel of happiness which comes your way • **Happiness** is contagious: surround yourself with happy people •

Play • **Create** • **Slow** down and take in the scenery • **Be** spontaneous • **Happiness** is the key to success • **Sing** in the shower • **Take** care of your health • **Be** mindful • **Forget** the Joneses • **Forgive** • **Find** work you love • **Develop** the habit of positive self-talk • **Get** sunlight and fresh air • **Sit** under a tree • **Listen** to music • **Quiet** your mind chatter • **Meditate** • **Live** within your means • **Simplify** • **Know** that everything you go through has a higher purpose • **Get** a dog; pet it often • **Practice** random acts of kindness • **Put** things in perspective • **Go** for a brisk walk • **Stretch** • **Find** a hobby you enjoy • **Spend** discretionary income on experiences, not goods • **Count** your blessings • **Let** go of the past • **Be** yourself, however strange that may be • **Read** • **Climb** on a tire swing • **Be** a part of something bigger than yourself • **Make** happiness a priority • **Release** negative feelings and emotions • **Do** something hedonistic: spend the day at a spa or go out dancing • **Be** curious • **Try** something new • **Create** meaningful connections with other people • **Know** that it's okay to feel sad sometimes • **Savor** the joys of everyday life • **Happiness** is a state of mind • **Stop** thinking of what you don't want • **Have** a simple pleasure to look forward to every day • **Lie** in a hammock • **Your** happiness is equal to your ability to love • **Laugh** often

Get Creative

- Create a Poster. Fuel your creativity by creating a poster. You can get a poster board and fill it with your favourite quotes, draw an image on it, or fill it with inspirational sayings of your own. Instead of making it by hand, you can also use Power Point, PhotoShop, or use an online poster maker.

Zentangles

- Draw Zentangles. You draw Zentangles by making patterns. These patterns can be simple or complex, and they're lots of fun and very relaxing to make. Some refer to Zentangles as artistic meditation. Here are some examples:
- Choose your paper and drawing media carefully – there are loads of videos on You Tube
- Photocopy it and turn your zentangle into a collage or painting

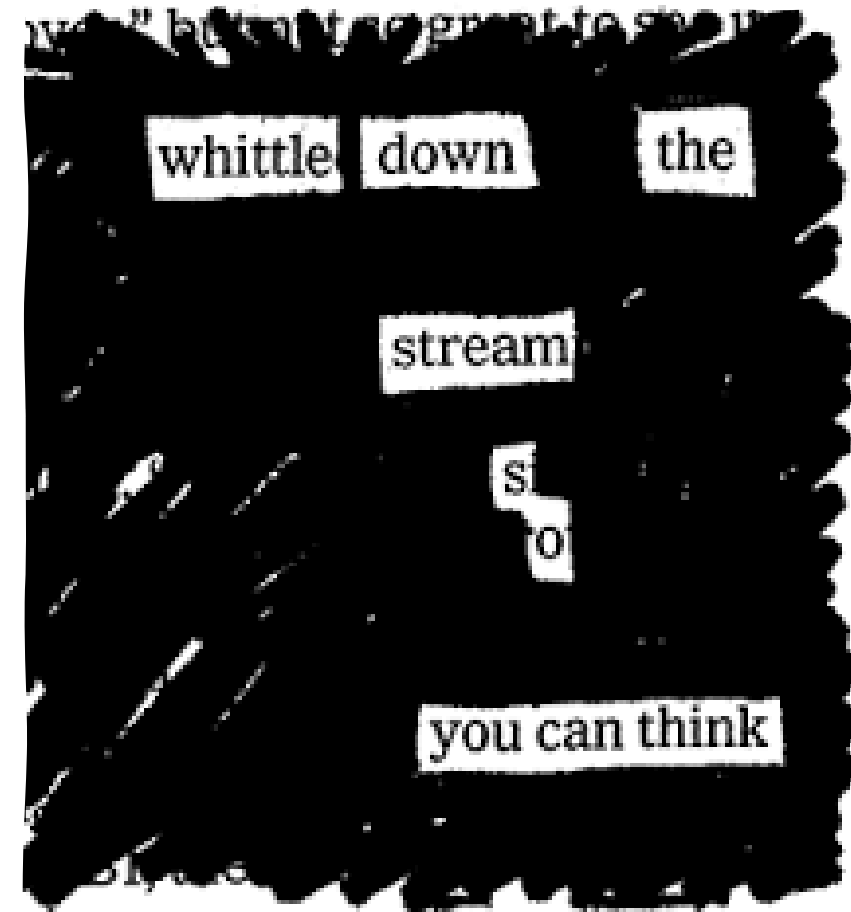


Being creative

- Create a Newspaper Blackout Poem. **Austin Kleon** writes poetry by redacting newspaper articles with a permanent marker. All you need to do to copy his style is the following:
- Grab a newspaper and a permanent marker.
- Choose an article.
- Take the marker and eliminate any words that you don't need.
- Whatever words are left after you're done redacting make up your poem.
- Illustrate it using a combination of found images and imagination

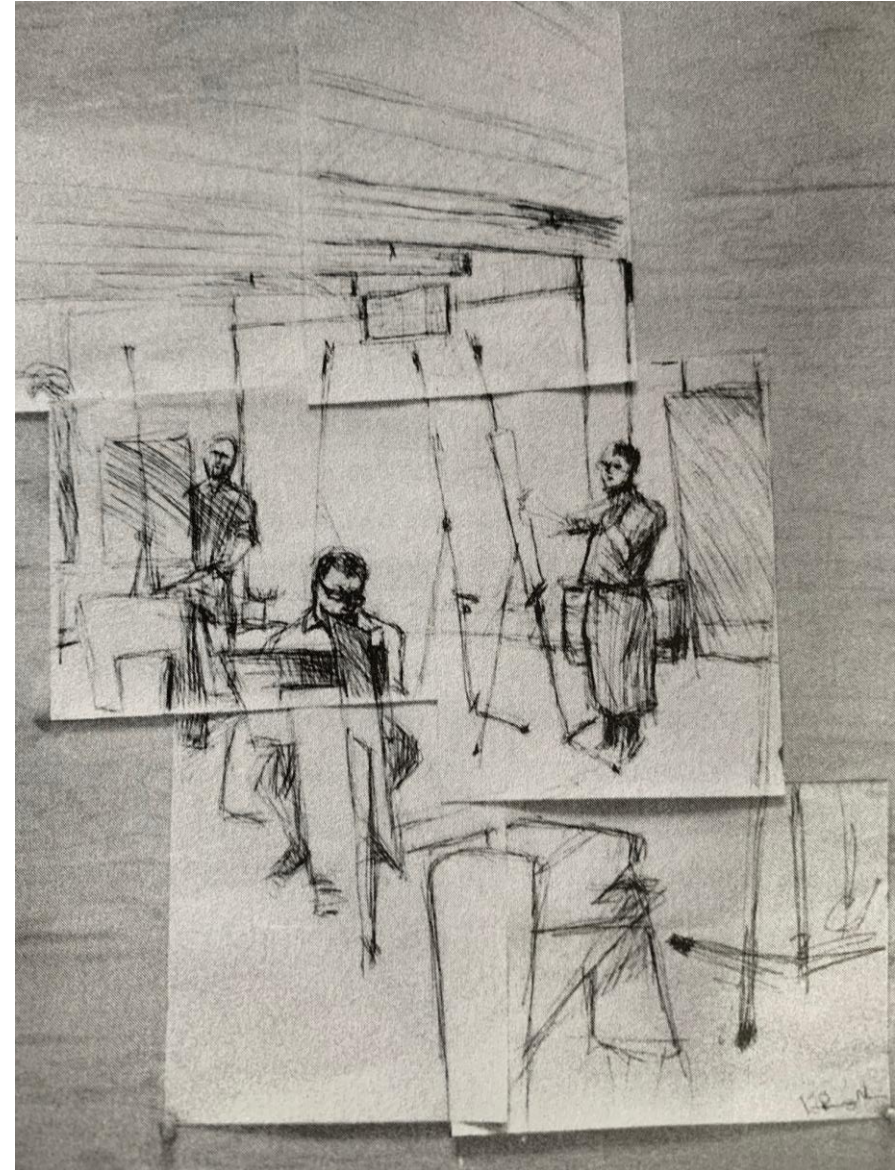
UNLOCK YOUR CREATIVITY

- ① STEAL LIKE AN ARTIST.
- ② DON'T WAIT UNTIL YOU KNOW WHO YOU ARE TO GET STARTED.
- ③ WRITE THE BOOK YOU WANT TO READ.
- ④ USE YOUR HANDS.
- ⑤ SIDE PROJECTS AND HOBBIES ARE IMPORTANT.
- ⑥ THE SECRET: DO GOOD WORK AND SHARE IT WITH PEOPLE.
- ⑦ GEOGRAPHY IS NO LONGER OUR MASTER.
- ⑧ BE NICE. (THE WORLD IS A SMALL TOWN.)
- ⑨ BE BORING. (IT'S THE ONLY WAY TO GET WORK DONE.)
- ⑩ CREATIVITY IS SUBTRACTION.



Now to get drawing from observation

- You need 6 pieces of paper – and a pen
- Sit down and draw any view in the room and the composition must fill the entire page. After a short period – say 10 minutes), tape a second piece of paper adjacent to and slightly overlapping any edge of your existing drawing –
- Continue your drawing on the second sheet thus enlarging the composition to include a view that is congruent to the first drawing's composition.
- Continue for a similar short period and then add the 3rd piece and so on. In this larger field you begin to include the windows, floor and ceiling and perhaps views into a hall way or outside



photography

- Become David Hockney and create a joiner composition
- Take lots of images of one object from different viewpoints and then reassemble them



Draw a headless selfportrait/portrait

- Which body parts could serve as a metaphor for you or a family member/celebrity
- Start with a CAF of every body part of interest even the soul or memories of the person
- Create a drawing or painting without a head or



Shelf Portrait

- Objects symbolize the things , places, people and events of your life.
- Many of us have looked at someone's bookshelves or possessions to gain some insight into that person.
- Create a large drawing of a set of shelves or a cupboard full of shelves on which are placed objects symbolizing things, places, people or events from your life. The correct use of perspective drawing the shelves and objects is a major goal but you are free to change the relative scale

